

The
Seven Sacraments

Baptism

Reconciliation (Confession)

Holy Eucharist (Communion)

Confirmation

Marriage

Holy Orders

Extreme Unction

The
Ten Commandments

1. I am the Lord thy God, thou shalt not have strange gods before me.
2. Thou shalt not take the name of the Lord thy God in vain.
3. Remember thou to keep holy the Sabbath day.
4. Honour thy father and thy mother.
5. Thou shalt not kill.
6. Thou shalt not commit adultery.
7. Thou shalt not steal.
8. Thou shalt not bear false witness against thy neighbour.
9. Thou shalt not covet thy neighbour's wife.
10. Thou shalt not covet thy neighbour's goods.

The
Hail Mary

Hail Mary,
full of grace,
the Lord is with thee.
Blessed art thou
among women,
and blessed is the
fruit
of thy womb, Jesus.
Holy Mary,
Mother of God,
pray for us sinners,
now and at the hour
of our death.
Amen.

The
Our Father

Our Father,
Who art in heaven,
hallowed be Thy name.
Thy kingdom come,
Thy will be done, on earth
as it is in heaven.
Give us this day
our daily bread,
and forgive us our
trespasses,
as we forgive those
who trespass against us.
Lead us not into
temptation,
but deliver us from evil.
Amen.

Glory Be

Glory be to the Father,
and to the Son,
and to the
Holy Spirit...
as it was in the beginning,
is now,
and ever shall be,
world without end.

Amen.

The Sign of the Cross

In the name
of the Father,
and of the son,
and of the
Holy Spirit.

Amen.

Act of Contrition

Oh my God,
I am heartily sorry
for having offended thee,
and I detest all my sins,
because I dread the loss of
heaven and the pains of hell,
but most of all because I have
offended Thee, my God,
who are all good and deserving
of all my love.
I firmly resolve, with the help
of Thy grace, to confess my
sins, to do penance, and to
amend my life. Amen.

"Grace"

(Blessing Before Meals)

Bless us, O Lord,
and these
Thy gifts,
which we are
about to receive
from Thy bounty
through
Christ,
Our Lord.

Amen.

Prayer Upon Entering and Leaving a Church

I adore thee,
O Lord Jesus Christ,
here,
and in all the
tabernacles of the world.

And I praise Thee
because by Thy
Holy Cross...

...Thou has redeemed
the world.
Amen.

The **Commandments** (modern simplified)

1. There's only 1 God.
2. No cursing.
3. Go to church Sunday.
4. Obey parents.
5. Do not get angry nor hurt anyone.
6. Marriage is sacred.
7. Do not steal.
8. Do not lie.
9. Do not get jealous.
10. Do not envy what others have.
- (11. Love Everyone.)

The Three Theological Virtues:

Faith
Hope
Charity

The Four Cardinal Virtues:

Prudence
Justice
Fortitude
Temperance

Sins Against God the Holy Spirit

- Presumption of God's Mercy
- Despair
- Impugning (doubting) known truth
- Envy of another's spiritual good
- Obstinancy in sin
- Final impenitance

The Chief
Spiritual Works
of Mercy

Admonish the sinner.
Instruct the ignorant.
Counsel the doubtful.
Comfort the sorrowful.
Bear wrongs patiently.
Forgive all injuries.
Pray for the living
and the dead.

The Chief
Corporal Works
of Mercy

Feed the hungry.
Give drink to the thirsty.
Clothe the naked.
Shelter the homeless.
Visit the sick.
Visit the imprisoned.
Bury the dead.

The
Seven Gifts
of the
Holy Spirit

Wisdom
Understanding
Counsel
Fortitude
Knowledge
Piety
Fear of the Lord

Twelve Fruits of the
Holy Spirit

Charity
Joy
Peace
Patience
Forbearance
Goodness
Benignity
Mildness
Fidelity
Modesty
Contineny
Chastity

Stations of the Cross

1. Jesus is condemned to die.
2. Jesus must carry the cross.
3. Jesus falls the first time.
4. Jesus meets his mother.
5. Simon of Cyrene helps Jesus carry the cross.
6. Veronica wipes Jesus' face.
7. Jesus falls a second time.
8. Women of Jerusalem weep over Jesus.
9. Jesus falls the third time.
10. Jesus is stripped of garments.
11. Jesus is nailed to the cross.
12. Jesus dies on the cross.
13. Jesus is taken down from the cross.
14. Jesus is laid in the tomb.

Confiteor

I confess to almighty God, and to you, my brothers and sisters, that I have sinned through my own fault... in my thoughts, and in my words, in what I have done, and in what I have failed to do... and I ask Blessed virgin Mary, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Apostles' Creed

I believe in God, the Father, the Almighty, creator of Heaven and Earth; and in Jesus Christ, His only Son, Our Lord; who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried. He descended into hell. The third day He arose again from the dead. He ascended into heaven, sitteth at the right hand of God the Father Almighty. From thence he shall come to judge the living and dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Nicene Creed

We believe in one god, the Father, the Almighty, maker of heaven and earth. And of all that is seen and unseen. We believe in one Lord, Jesus Christ, only son of the Father. Eternally begotten of the Father, God from God, Light from Light, True God from True God, begotten, not made, one in Being with the Father. Through Him all things were made. For us, men, and our salvation he came down from heaven. By the power of the Holy Spirit he was made incarnate of the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate. He suffered death and was buried. On the third day he arose in accordance with the scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshipped and glorified. He has spoken through the prophets. We believe in one holy, catholic, and apostolic church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life and the world to come. Amen.